## MASKS, MANIA AND MADNESS

## Part 2 in an on-going series on the greatest scam this side of the Crab Nebula

"You can drive nature out with a pitchfork... but still she will return."

- Roman satirist Juvenal



As Naomi Wolf has pointed out, COVID-19 dashboards, such as that which Johns Hopkins University's COVID-19 tracking project we incessantly are told about, cannot tell us anything about who's actually getting infected, or who's dying. We don't even know if they are showing real or made-up data. (And of course, Wolf was immediately suspended from Twitter for having the temerity to try to escape the plantation). No need to even go into the PCR cycles gambit about what constitutes infection or not (if you want to delve into this fake science, see here; for the purposes of this paper, the author feels this is not even worth writing about). This is fake science, pushed by fake news and big tech who have a vested interest in a merger of big business and government – which the originator of fascism, Mussolini, defined as fascism. Truth is, scams like FactCheck.org is funded by a foundation that has 15% of its assets in Johnson and Johnson. Wolf explains it all:

"Toward the end of the steps, which is Step 10 (referring to the 10 steps to complete tyranny), is emergency law, [which is a] subversion of the rule of law, also called martial law. We're here. I'm [in] New York State. We're under

emergency law. Every 30 days, I get an email saying that tyrannical Governor Cuomo has extended emergency powers, even though in Columbia County where I live, there are only eight deaths a month with COVID, average age 85, which is older than the average American life span... We literally can't know if there's been a pandemic, there's so much faulty attribution, inflation of numbers, and so on," Wolf says. "Those numbers, I can't stress enough, have never been audited ... We have to do a freedom of information request in Britain to take a look at the raw data sets that are being fed into the Office for National Statistics, COVID dashboard. We looked at where the data were flowing from for the Johns Hopkins dashboard, which again, was used by every major university, every major news outlet. One of the data providers was a hedge fund! ... I know something else about APIs. It is virtually impossible to, in real time, get hundreds of thousands of reports from hundreds of thousands of doctors, hospitals, CVS and Rite Aid, feeding into a live digital dashboard. I keep asking the developers to show me, 'How did you do this? It's virtually impossible.' There's no answer, there's crickets. Literally, we don't know if the dashboards are just dialing up and dialing down infection rates. Everyone's taking for granted that these must be real numbers, but there's no evidence that they are real numbers. I'm willing to stand corrected if there's a FOIA and we see the raw data sets. But right now, it is a hypothetical pandemic... This is especially true of the National Socialists," Wolf says. "They kept passing a set of laws called the Enabling Acts that are very much like the laws that are being passed now. They criminalized certain speech, created a surveillance apparatus for citizens ... and they did this lawfully. They were elected, and they passed restrictive law after restrictive law. Then, once democracy was fragile enough, it really only took six months for thugs to beat up opposition leaders, union leaders, the outspoken and clergy. After that, everyone was too scared to speak. We're seeing the same thing happen now, but faster. It's very scary that China has created a white paper — the World Economic Forum has it on its website — that maps how biofascism, as I call it — vaccinations, the managing of people's bodies, biometrics and health — is being launched as a way to control civic engagement, governance, private life, assembly and every other aspect of human life, to bring about super-fast totalitarianism."

Steve Hilton of Fox News discusses this same issue, along with the complete fraud of vaccine passports (another paper I have forthcoming if people ask for it) <a href="here">here</a> with Wolf on Fox News. Wolf's book dealing with this, <a href="here">The End of America</a> can be found <a href="here">here</a>. (Note that I strongly believe that it is Wolf and her fellow radical rhinestone Marxist feminists like Friedan, Steinem, ad nauseam, that are the original ones to set the stage for the stage for the dissolution of America, but that is another topic.)



Note at DuPage Medical Group doctor's office I was in, Naperville IL, March 2021, snapped while I was waiting for my doctor at the 3 Farms address. This is for the seasonal flu. So... do we shut down the economy every year due to "regular" flu?

Other issues with masks: As noted above, there are an estimated 129 billion face masks used worldwide each month, or 3 million/minute (see <a href="here">here</a>, here</a> or <a href="here">here</a>), with <a href="here">65 billion plastic</a> gloves; in fact one environmentalist <a href="says">says</a> we may have "more masks than jellyfish in the sea."

Of course, masks are not recycled, and the materials they are made of persist in the environment. Masks may well end up being a worse source of pollution than plastic bags and bottles. Per Front. Environ. Sci. Eng. 2021, 15(6): 125 "Once in the environment, the mask is subjected to solar radiation and heat, but the degradation of polypropylene is retarded due to its high hydrophobicity, high molecular weight, lacking an active functional group, and continuous chain of repetitive methylene units. These recalcitrant properties lead to the persistence and accumulation in the environment."





The usual mask has three layers — polyester outer layer, a polypropylene or polystyrene middle layer and an inner layer made of absorbent material such as cotton. Polypropylene is already one of the most problematic plastics, as it's widely produced and responsible for large waste accumulation in the environment, as well as being a known asthma trigger per the Lung Association of Ontario.

But not to worry, it gets worse: Mercola reports that "Because masks may be directly made from microsized plastic fibers with a thickness of 1 mm to 10 mm, they may release microsized particles into the environment more readily — and faster — than larger plastic items, like plastic bags." Like your fish or shrimp dinner with a side of microparticles they have ingested? Step right up to Fauci's masked snake oil. And more sources that I can cite note that oral commensals — mouth bacteria - are seriously impacting oral and dental health, and also can enter your lungs, where they've been linked to advanced stage lung cancer; wearing a mask could potentially accelerate this process. In fact, New York University Grossman School of Medicine revealed in an article entitled Lower Airway Dysbiosis Affects Lung Cancer Progression that when these oral commensals are "enriched" in the lungs, it's associated with cancer. And who knows what the heck is growing on that mask you repeatedly use without washing! And wearing masks for long periods is associated with just a lovely list, including, in one study,

irritability (60%), headache (53%), difficulty concentrating (50%), less happiness (49%), reluctance to go to school/kindergarten (44%), malaise (42%), impaired learning (38%) and drowsiness or fatigue (37%) as well as 29.7% reporting feeling short of breath, 26.4% being dizzy and 17.9% were unwilling to move or play.28 Hundreds more experienced "accelerated respiration, tightness in chest, weakness and short-term impairment of consciousness." Regarding "mask mouth," periodontal disease – which is linked to heart disease – is seriously impacted by mask wearing. ""We're seeing inflammation in people's gums that have been healthy forever, and cavities in people who have never had them before," says Dr. Rob Ramondi, a dentist and co-founder of One Manhattan Dental. "About 50% of our patients are being impacted by this, [so] we decided to name it 'mask mouth' — after 'meth mouth.' The term "meth mouth" is widely used by dentists to describe the dental problems that arise among methamphetamine users." The problem is that people tend to breathe through their mouth with masks, leading to a dry mouth and decreased saliva – which is what fights bacteria and keeps your teeth clean.

American Thinker also warns the graphene, found in a large percentage of masks, may be seriously harmful to lungs. Can you say "asbestos" or "mesothelioma?" Even cloth, unless you wash it daily, can contain toxic mold and bacteria. Then there are they synthetic fibers in the masks that you end up breathing in, in addition to the graphene. Says Thinker: "Loose particulate was seen on each type of mask. Also, tight and loose fibers were seen on each type of mask. If every foreign particle and every fiber in every facemask is always secure and not detachable by airflow, then there should be no risk of inhalation of such particles and fibers. However, if even a small portion of mask fibers is detachable by inspiratory airflow, or if there is debris in mask manufacture or packaging or handling, then there is the possibility of not only entry of foreign material to the airways, but also entry to deep lung tissue, and potential pathological consequences of foreign bodies in the lungs."

In addition to simply not working, <u>StandforHealthFreedom tells us</u> "Studies show that wearing a face covering reduces blood and tissue oxygenation — which can be deadly — while increasing carbon dioxide levels. Mask-wearing can also increase the risk of infection and the spread of viral illness, hinder detoxification that occurs via exhalation, impair the immune system and cause many other ailments, both physical and emotional. Moreover, some masks have been found to contain known carcinogens, which put people at risk from inhaling toxic chemicals and having them come into contact with their skin," and add "it is unethical and unconstitutional to force healthy citizens to abide by measures that can result in physical and emotional harm and that impinge on their ability to move freely throughout society without discrimination. For those with deeply held religious beliefs, mask mandates violate their ability to abide by natural law and follow their convictions to walk in faith, not fear."

Oh yes... pregnant, or planning to be? Phoebe Stapleton of Rutgers University noted, that "...animal studies show that inhaled plastic particles pass through the placenta and into the heart and brains of fetuses," Fetuses exposed to the microplastics also gained less weight in the later part of the pregnancy. Stapleton concluded that "We found the plastic nanoparticles everywhere we looked – in the maternal tissues, in the placenta and in the foetal tissues. We found them in the foetal heart, brain, lungs, liver and kidney." Just dandy.

OceansAsia, Dec. 7, 2020, estimated that 1.56 billion face masks may have entered the world's oceans in 2020, based on a global production estimate of 52 billion masks manufactured that year, and a loss rate of 3%, which is conservative. Based on this data, and an average weight of 3 to 4 grams for a single-use polypropylene surgical mask, the masks would add 4,680 to 6,240 additional metric tons of plastic pollution to the marine environment, which, they note, "will take as long as 450 years to break down, slowly turning into microplastics while negatively impacting marine wildlife and ecosystems. Plastic particles have been found at the top of the Pyrenees mountains in France to the northernmost parts of Greenland and down to what had been considered largely free of contamination, Antarctica. As well, Science Direct reports that mask plastic also contain contaminants, such as polycyclic hydrocarbons (PAHs), which may be genotoxic (i.e., causing DNA damage that could lead to cancer), along with dyes, plasticizers and other additives linked to additional toxic effects, including reproductive toxicity, carcinogenicity and mutagenicity.

And did I mention the microfibres that are often inhaled, or that the plastic particles could carry pathogenic microorganisms? There are no policies to regulate inhalation of micro- and nanoplastic particles shed from masks – who knows *what* we are inhaling, and to what effect!

And for what? One of the largest, peer-reviewed studies, a randomized study done in Denmark, show masks do little to nothing., <u>per a study in the academic journal Annals of Internal Medicine</u> (see also <u>here</u>).

Dr. Jim Meehan and ophthalmologist/preventive medicine specialist who has done over 10,000 surgical procedures and is former editor of Ocular Immunology and Inflammation, conducted an evidence-based scientific analysis on masks, which shows that not only should healthy people not be wearing masks but could seriously be harmed as a result. Meehan study is here. And why? Meehan asks, given that most of the population is at very low or almost no risk of becoming severely ill from COVID-19. Meehan lists the following issues: masks adversely affect respiratory physiology and function; lower oxygen levels in the blood; raise carbon dioxide levels in the blood; SAR-CoV-2 has a "furin cleavage" site that makes it more pathogenic, and the virus enters cells more easily when arterial oxygen levels decline, which means wearing a mask could increase COVID-19 severity; they trap exhaled virus in the mouth/mask, increasing viral/infectious load and increasing disease severity; SARS-CoV-2 becomes more dangerous when blood oxygen levels decline; furin cleavage site of SARS-CoV-2 increases cellular invasion, especially during low blood oxygen levels; cloth masks may increase the risk of contracting COVID-19 and other respiratory infections; wearing a face mask may give a false sense of security; masks compromise communications and reduce social distancing; untrained and inappropriate management of face masks is common; masks collect and colonize viruses, bacteria and mold; wearing a face mask makes the exhaled air go into the eyes; contact tracing studies show that asymptomatic carrier transmission is very rare; face masks and stay at home orders prevent the development of herd immunity; face masks are dangerous and contraindicated for a large number of people with pre-existing medical conditions and disabilities.

Personally, I read quite a bit of Dr. Stephen Porges and airline Capt. Tom Bunn, the latter of whom does work with fearful flyers. Fearful flyers and Covid? In short, all humans read micro-

expressions in the face of others to get a sense of safety, truth telling, and more. See Bunn's recent work Panic Free Pandemic Workbook – Exercises to Calm Pandemic -Related Fear, Anxiety and Claustrophobia. In short, masks are destroying the ability to read microexpressions, and thus gain a sense of security – particularly in children - in spades. Forgetting the ruination of children's schooling, American Institute for Economic Research has stated there are now more Covid suicides among kids than Covid deaths. Read that again. This idiotic mask mandate, that does nothing, has now killed more kids than they have saved. Dr. Martin Makary, professor of surgery at Johns Hopkins Univ. and professor of health policy and management at their Bloomberg School of Public Health said March 3, 2021 that kids are 10 times more likely to die of suicide than coronavirus. What kind of "solution" is that??? And in June, 2021, the CDC was forced to admit that there has been a 51% increase in suicide attempts among teenage girls, and overall the number of psychiatric-related hospital visits among young people increased 31 percent. A recent Wall Street Journal article corroborates the CDC info, noting in California, teenage suicide increased 24 percent, to 134 deaths in 2020. In contrast, the number was "only" 23 California minor the year before. I thought the mantra was "if we can just save one life??

But hey! As long as we are killing kids with fake lockdowns, why not double down and kill them with vaccines as well. Y'know... to protect them from something where they have a 0003% chance of dying. Dr. Peter McCullough, cited elsewhere, addresses this here on the Laura Ingraham show. Now, since the kids have a chance of dying from Covid approaching zero (and this 0.003 does not address kids with co-morbidities, very low vitamin D, etc.), should we not also be creating a vaccine to protect the kids from potential meteor strikes? But of course, the answer seems to be, as per this Canadian doctor, when you question the narrative – kinda like Ignaz Semmelweis did, when he told his doctors to all wash their hands before operations in the 1800s, and was promptly drummed out of the medical world – you end up fired: Dr. Francis Christian, Clinical Professor of General Surgery at the University of Saskatchewan and a practising surgeon in Saskatoon, per this story, was called into a meeting today, suspended from all teaching responsibilities effective immediately, and fired from his position with the University of Saskatchewan as of September 2021. Nope... rational, logical discussions about the scientific merits of the shot were not wanted. But you knew that already.

Specifically in Oakland, California, hospitals saw a 66 percent increase in teenagers screening positive for suicidal ideation between March and October of 2020.

And over in the UK, Dr. David Greenhorn out of England's Bradford Royal Infirmary, entitled Child Suicide is Becoming an 'International Epidemic' Amid Restricted Pandemic Life is here. Christian Post has an article here on the same subject. Is it any wonder that Harvard Researchers recently reported that Nearly Half of Young Adults Showing Signs of Depression Amid Pandemic; see the 50 state survey PDF by Harvard, Rutgers, Northwestern and Northeastern Universities here

A study reported by Capt. Bunn, April 14 2021, discussed a Harvard study by Katie A McLaughlin that found children "responded negatively to neutral faces just as abused children do." And as of April 20, the vile Gov. Whitmer of Michigan has now required 2 - 4 year olds to be masked.

This is an age when kids need to learn to read, model and communicate facial expressions. This is all being destroyed. Further reading on this <a href="here">here</a>, and a Michigan State University story on this <a href="here">here</a>, or <a href="here">here</a>. Might we ask if masked parents and family members may be as just as deleterious to children's mental health as physical abuse? See "Corporal Punishment and Elevated Neural Response to Threat in Children." Child Development, 2021; DOI: <a href="here">10.1111/cdev.13565</a>. Where is Nancy Pelosi and "it's for the children" gambit when we need it?

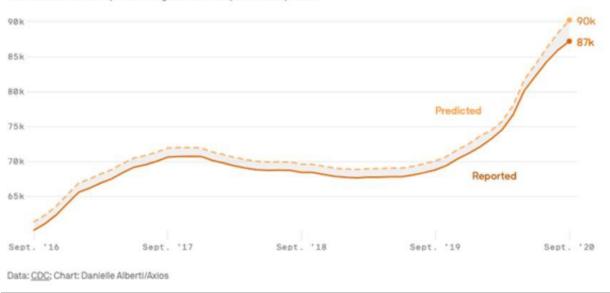
Then there are adults. Tara N. Richards and Justin Nix wrote in Natural Blaze that "Domestic violence rose globally in 2020—so much so that doctors have called it "a pandemic within a pandemic." And the National Commission on COVID-19 and Criminal Justice, a team of national experts tasked with assessing the impact of COVID-19 on the justice system, recently estimated that in the United States, domestic violence incidents increased 8.1% on average following stay-at-home orders. Worldwide, the United Nations estimates there was a 20% increase in domestic violence incidents across its 193 member states during the 2020 COVID-19 lockdowns." Of course women who may already be struggling to pay bills, may be forced to stay with abusers in situations where they are in lower paying jobs and can't afford to move out. But of course, just like with all of Bill Clinton's or even Joe and Hunter Bidens' abuse, nary a word from the social justice or feminists on this... once again.

Finally, the <u>CDC reported in April, 2021</u> that he figures show that at least 87,000 people died from overdoses from October 2019 to September 2020. This amounts to a *29 percent increase* from the same period in the previous year.

Dr. Baruch Vainshelboim who completed a 2021 Stanford University study on masks tells us why the above, echoing Bunn and Porges: "Wearing face masks dehumanizes social connections, which are a basic human need. Basic human-to-human connectivity through face expression is compromised and self-identity is somewhat eliminated. These dehumanizing movements partially delete the uniqueness and individuality of the person who is wearing the facemask as well as the connected person." All this, plus restricted breathing, causing a low level of oxygen in the blood (hypoxemia) along with excessive carbon dioxide in your bloodstream (hypercapnia), and may "increase the risk for respiratory complications, self-contamination and exacerbation of existing chronic conditions." Great deal, no?

## Provisional U.S. drug overdose deaths

Counts for the 12-month period ending each month Sept. 2016 to Sept. 2020



Natural Blaze then asks the all-important question: <u>How</u> do we know pandemic lockdowns are largely to blame? "Well, this measured period includes spring and summer 2020, the two periods in the pandemic to date where lockdowns were strictest and most widespread. And, Axios reports, 'While overdose deaths from drugs had begun rising in the months leading to the pandemic... the biggest spike in deaths occurred in April and May 2020, when shutdowns were strictest. Meanwhile, studies show that people used more drugs during the pandemic and were more likely to use alone - increasing the risk of deadly overdoses. These trends are clearly driven more by the isolation, despair, and loneliness of pandemic lockdowns than the virus itself."

The CDC told us April, 2021 that US drug overdose deaths surged during the pandemic lockdowns, accounting for up to nearly 20,000 additional deaths. The CDC measures the number of US drug overdose deaths over the previous year. In September of 2019, 68,757 people had died of a drug overdose in the previous year. By September 2020, the number of deaths in the previous year rose to 87,203. The biggest leap in deaths (+3,643) occurred between April and May 2020 — just after lockdowns began in most of the US. The CDC also notes that these numbers may be "Underreported due to incomplete data." In other words, it's likely that thousands more drug overdose deaths were 'erroneously' counted as COVID-19 deaths... See here to read the data from CDC. From October 2019 to October 2020, there were 91,862 estimated overdose deaths in the U.S., which represents a 30% increase in 12 months, per the National Center for Health Statistics. The famed Dr. Daniel Amen wrote June 12, 2021 that, According to the 2019 study by Blue Cross Blue Shield, millennials—all millennials, not just the older ones—are also some of the hardest hit by the pandemic, with 92% saying COVID-19 had a negative impact on their mental health. Among millennials, the pandemic contributed to major increases in unhealthy behaviors, including:

- 34% increase in alcohol consumption
- 20% increase in smoking
- 17% increase in vaping
- 16% increase in non-medical drug use

Epidemiologist Chelsea Shover of the UCLA David Geffen School of Medicine, <u>speaking with BuzzFeed News</u>, <u>said</u>, "Things were on a bad trajectory before, and now it has gotten even worse ... I can't think of a way the pandemic made things better. The simple fact that people are more isolated, and more likely alone when they overdose, means they can't get help." A study by Shover and colleagues reported <u>that overdose deaths from synthetic opioids increased 10-fold in the U.S. from 2013 to 2018.<sup>4</sup></u>

American Medical Association June 1, 2021, <u>also reported</u> "The nation's COVID pandemic made the nation's drug overdose epidemic worse." They cited a spike or increase in <u>overdose</u> <u>deaths</u> or other problems reported by every U.S. state during the pandemic.

The Orlando Sentinel <u>reported</u> their area of Floria had a 70% rise in drug overdose deaths during the height of the lockdown compared to a year prior. Andrae Bailey, founder and CEO of Orlando-based Project Opioid, told the Orlando Sentinel: "This is an epidemic inside a pandemic. COVID-19 has caused an unprecedented mental health collapse in Central Florida, in Florida as a whole and across the country. People are emotionally, mentally and spiritually broken, and they are taking drugs that kill them at numbers we've never seen before."

In the Chicago lockdown, March 21, 2020, to May 30, 2020, opioid overdose fatalities nearly doubled, rising from 23 deaths per week to 44, as <u>reported here in JAMA</u>. Philadelphia, 2020 <u>marked the highest number of drug overdose deaths since 2017</u>, <sup>11</sup> while <u>drug-related deaths in Honolulu hit a five-year high in 2020</u>.

A report by the Well Being Trust and the Robert Graham Center for Policy Studies in Family Medicine and Primary Care estimated that up to 75,000 people may die during the COVID-19 pandemic from drug or alcohol misuse and suicide. These "deaths of despair" were exacerbated by:

- Unprecedented economic failure paired with massive unemployment
- Mandated social isolation for months and possible residual isolation for years
- Uncertainty caused by the sudden emergence of a novel, previously unknown microbe

John Kelly, a professor of psychiatry in addiction medicine at Harvard Medical School, told STAT that people with substance use disorder are hypersensitive to stress while being less able to experience rewards at normal levels — a particularly challenging combination during the pandemic. Also, Some people who lost their supply of drugs due to the pandemic may have seen their tolerance fall rapidly, which could lead to overdose if the they attempt to consume the same amount after a pause.

The main issue pushing the suicide, depression, etc is the loss of social support and <u>isolation</u> (where in the latter, if a person overdoses while alone, there's no one to call for help or to administer naloxone, an overdose-reversing drug.) Drug use also accelerates in privacy. Speaking with STAT, Dr. Carla Marienfeld, a psychiatrist at UC San Diego Health, <u>said</u>:

"People can't be around friends, go outside to gyms and restaurants, all of those everyday activities that might mitigate anxiety and depression. Addiction thrives in secrecy and in the pandemic, you have more people alone and not accountable to friends and family."

A <u>survey of 2,000</u> U.S. adults without a history of drug use, 88% reported at least one symptom that's indicative of mental health trauma in 2020, including:

- Little interest or pleasure in doing things (52%)
- Having trouble falling or staying asleep (52%)
- Feeling down, depressed or hopeless (51%)

Among U.S. young adults aged 18 to 30 years, high levels of depression, anxiety and PTSD symptoms were also reported from April 13 to May 19, 2020, 20 which is about one month after a state of emergency was declared in the U.S. due to COVID-19 and when heavy restrictions were in place in most areas. Another team of researchers looking into the psychosocial impact of COVID-19 similarly reported: "Disease itself multiplied by forced quarantine to combat COVID-19 applied by nationwide lockdowns can produce acute panic, anxiety, obsessive behaviors, hoarding, paranoia, and depression, and post-traumatic stress disorder (PTSD) in the long run."

The full mental health fallout from the COVID-19 pandemic won't be clear for years, but by September 2020 researchers had revealed that the prevalence of depression symptoms increased by more than threefold — from 8.5% before COVID-19 to 27.8% during the pandemic — see the JAMA report here. All this masking and associated horse manure, it should be obvious, results in increased mental health trauma, anxiety, panic, depression and PTSD, and has increased drug use and deaths. Nice work, Mr. Fauci.

All this for what? Those 21 and under have, as noted elsewhere in this paper, a 0.003% chance of dying from Covid (perhaps four times less a threat than regular, seasonal flu). Dr. Peter Breggin, a Harvard-trained psychiatrist, was also featured in Centner's presentation. A former consultant at the National Institute of Mental Health, Breggin has called COVID-19 restrictions placed on children a "crime against humanity" and an experiment in social engineering aimed at creating docile pawns in a "global predatory system." Speaking with Wilson County News, Breggin said:

"I was a kid during World War II, and I never saw anything like these even back then. Americans have never been docile like this, even in wartime. And the more you can mask a child, the less they can connect, and less they connect the more docile they become. Similarly, the more that you teach them to do absurd humiliating things, the more they give in to anything you demand.

Ultimately, the more freedom you take away from them as children, the more you can take away their freedom as adults."



Significantly higher rates of suicide-related behaviors, including <u>suicide ideation</u> and suicide attempts, corresponded to times of increased COVID-19-related concerns, according to research published in the journal <u>Pediatrics, March 2021</u>. Social isolation imposed during the pandemic has been cited as reason for pushing some children with mental health issues "over the edge" <u>reports PennStateHealth</u>." Reports tell us that the poor and minorities are worst hit. Where are the BLM folks when we need them? (See <u>Marxist BLM leader buys \$1.4 million home in ritzy LA enclave</u>). And, incidentally, not only is masking a bad idea, but WHO very quietly came out in June 21, 2021 and noted under a generic headline, "COVID-19 Advice for the Public: Getting Vaccinated" halfway down the page the short statement "children should not be vaccinated for the moment," then added "There is not yet enough evidence on the use of vaccines against COVID-19 in children to make recommendations for children to be vaccinated against COVID-19. Children and adolescents tend to have milder disease compared to adults. However, children should continue to have the recommended childhood vaccines."

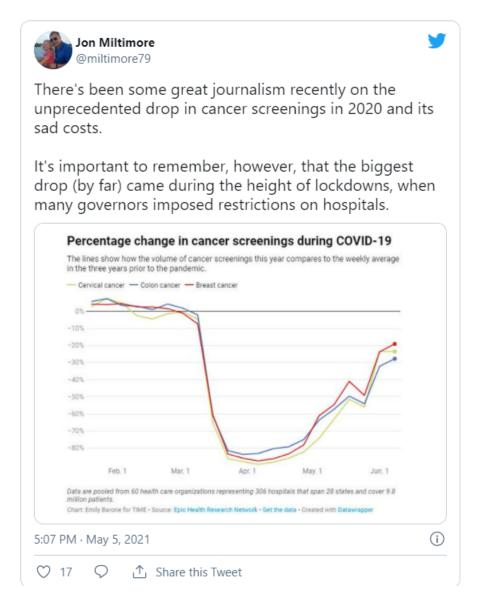
Truth is even during the height of the pandemic, a CDC study found mask requirements for students had little effect on COVID-19 incidence at Georgia schools, while improved ventilation, such as opening a window, reduced cases more than mask mandates for staff and teachers. Truth is, Dr. Lawrence Palevsky, a New York pediatrician, warned in Early Childhood Mental Health out of Georgetown Univ. — see <a href="here">here</a> - that masks could be harming children's brain development. By promoting fear, stress, panic and anxiety, it keeps children in the "fight or flight response" driven by the brain. This influences the capacity of development and higher functions of the brain.

At the University of Witten/Herdecke in Germany, an online registry was set up where parents, doctors, pedagogues and others can enter their observations about <u>mask wearing in children</u>. Using data on 25,930 children,<sup>6</sup> with an average mask wearing time of 270 minutes per day, 24 health issues were reported.<sup>7</sup> A majority of parents (68%) reported impairments in their children due to wearing a mask. They recorded symptoms that: "... included irritability (60%),

headache (53%), difficulty concentrating (50%), less happiness (49%), reluctance to go to school/kindergarten (44%), malaise (42%), impaired learning (38%) and drowsiness or fatigue (37%)." They also found 29.7% reported feeling short of breath, 26.4% being dizzy and 17.9% were unwilling to move or play. Hundreds more experienced "accelerated respiration, tightness in chest, weakness and short-term impairment of consciousness." The researchers concluded: "The frequency of the registry's use and the spectrum of symptoms registryed indicate the importance of the topic and call for representative surveys, randomized controlled trials with various masks and a renewed risk-benefit assessment for the vulnerable group of children."

Dr. Jim Meehan, an ophthalmologist and preventive medicine specialist who has performed more than 10,000 surgical procedures and is also a former editor of the medical journal Ocular Immunology and Inflammation has conducted an evidence-based scientific analysis on masks, here, which shows that not only should healthy people not be wearing masks but they could be harmed as a result, including anxiety, panic attacks, struggling to breathe, facial rashes, infections, dental problems, oral ulcers, cavities, and throat abscesses. Other than that, what's not to like about masks??

The Foundation for Economic Education further also discusses this dramatic skyrocketing of drug overdose deaths going to record levels <a href="https://example.com/here">here</a>. Oh yes, I almost forgot! As cancer screenings dropped precipitously in 2020, the results for 2021, <a href="per this FEE">per this FEE</a> article are predictable: grim. Just a few lowlights from the article: skin cancer diagnoses dropped by 86%, cervical cancer 68% (hint – those cancers did not just magically disappear from one year to the next); as a whole, diagnoses dropped 50% on the year. Given that 600,000 Americans die of cancer each year, and we are now missing half of those diagnoses, what numbers are we to conclude? Will missed cancer diagnoses ALONE kill more than Covid? There are 1.8 million cases of cancer per year in the US. At minimum the <a href="National Cancer Institute says there will be 10,000 excess">National Cancer Institute says there will be 10,000 excess</a> deaths just from breast and colorectal cancer over the next decade, with Mayo forecasting 21,000 deaths from colorectal alone. And how many others won't die, but just have their lives ruined, health destroyed and more. Recall that, for many cancers like melanoma, early detection is absolutely critical, and survival rates drop precipitously once the spread begins.



In fact, a <u>study</u> conducted by Dr. Janine Gronewold and Professor Dirk M. Hermann from the University Hospital in Essen, Germany, which analyzed data on 4,316 people (average age: 59 years old) who had been recruited for research between 2000 and 2003 found that social isolation increases risk of death from all causes by 50%

More on masks: John Manley has enumerated fully *twenty* reasons for not wearing masks, including cavities, an *increased risk* of contracting Covid, bacterial pneumonia, immune suppression and worse. See here for full story.

Dr. Russell Blaylock, MD, a board-certified neurosurgeon with a medical degree from Louisiana State University and an internship and residency at the Medical University of South Carolina, and practiced neurosurgery for 26 years. Blaylock looked at 17 studies and concluded ""None of the studies established a conclusive relationship between mask/respirator use and protection against influenza infection." One of those studies was titled, "The use of mask and respirators to prevent transmission of influenza: A systematic review of the scientific evidence. (2012).

Blaylock said recommendations from the Centers for Disease Control are based mostly on studies of transmission of the flu, not the coronavirus. By the way, the CDC in the first phase of the pandemic did not recommend the wearing of a mask to prevent being infected. "When a person has tuberculosis, we have them wear a mask, not the community of non-infected," The recommendations of the CDC and the World Health Organization are not grounded on ways to contain any virus pandemic or epidemic in history, Blaylock said. Blaylock's full, damning analysis is here on masks; a similar expose by Dr. James Veltmeyer, MD on the same mask scam is here

Truth is, as Molly McCann wrote in an article for The Federalist, the mandatory masking isn't about safety, but about **social control**. "To those looking to benefit politically from emergencies, COVID presents an opportunity to advance plans targeted to transform American freedom and the American way of life," McCann writes. "Mandatory-masking policies provide a valuable foundation to weaponize the virus against American liberty—now and in the future." The truth is, as Scott Morefield points out in Townhall, that wearing a mask or not really doesn't make much of a difference anyway, that wearing them could actually be dangerous as Blaylock points out to your health, that is just a sop to have people caving to fear, that it gives legitimacy to an illegitimate reaction and serves nothing more than a bunch of "Karens" doing hypocritical virtue signaling, that it really is no more than a talisman, and — oh yes — they also look stupid.

But, if you still want to wear a mask, your betters at the World Economic Forum (which are currently planning to turn you into financial serfs) have a solution: a smart mask that alerts you if you forget to wear it! Perfect for all us poor, unwashed masses here in flyover country! The added benefit is that once we get a Communist China-inspired social credit score system in place it could be linked to that to provide brownie points or demerits when you forget to wear it. No word yet if you will be administered BF Skinner-style electric shocks when you forget to wear it, but I think we can safely assume it eventually will. And speaking of the WEF, Makia Freeman at The Freedom Articles lets us know how helpful - or not – the Malthusians at the Rockefeller Foundation are with this all, in their new report Financing Global Vaccination and Sustainable Growth. So... part of the vaccination gambit from your betters – in their own words, in their own report – states:

"Just as the entire world shared in the spread and pain of the pandemic, we must now share in orchestrating its end, and a transition to a just, equitable, and sustainable recovery ... For this reason, we must act swiftly to achieve a global vaccination rate of up to 70 percent by the end of 2022. This Action Plan, the first in a series, highlights three mutually reinforcing goals leveraging the power of existing multilateral financial architecture:

**Goal 1:** The issuance, reallocation, and leveraging of Special Drawing Rights (SDRs) by the International Monetary Fund to ensure equitable global access to vaccines

**Goal 2:** Unleashing the full lending power of the World Bank and other multilateral development banks (MDBs) for a climate-friendly and equitable recovery

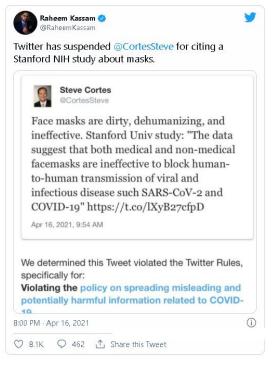
**Goal 3:** Leveraging private capital at scale through new, innovative investment vehicles

So yes, the vaccine is all about money, the World Bank, global warming and innovative investment vehicles (can you say the word "banksters?") In other words, the same people that got us into our current multi-trillion dollar mess now want to double down with fake vaccines, fake science, and yet more fake money.

Re. masks, as noted earlier, Dr. Mercola noted the first randomized controlled trial evaluating the effectiveness of surgical face masks against SARS-CoV-2 was published in November 2020 in the Annals of Internal Medicine, Annals of Internal Medicine, 2020; doi.org/10.7326/M20-6817 evaluating 6,000 folks, where masks did not statistically significantly reduce the incidence of infection of COVID. Among the people who wore masks, 1.8% tested positive for SARS-CoV-2, compared to 2.1% among the control group. When the researchers removed those who did not adhere to proper mask-wearing, the results remained the same — 1.8%. This suggests that in this group of 6,000 individuals, wearing a mask made no significant difference as to whether they would acquire COVID-19. In the group that reportedly wore their masks "exactly as instructed," 2% tested positive for the virus as compared to 2.1% of the controls

In Dec., researchers from Rational Ground revealed results of data analysis evaluating the use of masks from all 50 U.S. states (reported in <u>The Blaze, December 20, 2020</u>). Data analysts, actuaries, divided the information into states that had mask mandates and those that did not, May 1 – Dec. 15. and calculated how many cases per day occurred by population with and without mask mandates. Among states without a mask mandate, 5,781,716 cases were counted over 5,772 days, which worked out to:

- No mask mandates 17 cases per 100,000 people per day
- Mask mandates 27 cases per 100,000 people per day



The massive, peer-reviewed Danish study, noted above, the only randomized study done published <a href="https://www.neers.com/statistically-significantly-reduce-the-incidence-of-infection">here</a> as does this study on states without mask mandates have lower Covid rates. In fact, Scott Morefield reported March 29 2021 that "South Dakota never had a mask mandate and is widely considered the most maskless state in the union. Yet, their recent curve is remarkably flat (this is similar to surrounding Montana and North Dakota as well). It's almost like viruses are gonna virus, regardless of what we do." Graphic is from pic.twitter.com/501Tedwqv3

But then – hey, howdy! – after all this, Stanford Univ. then corroborated the fact that face diapers are useless. Posted on the <u>National Center for Biological Information</u> government website - the NCBI is a branch of the National Institute for Health, so one would think

such a study would be widely reported by mainstream media and embraced by the "science-loving" folks in Big Tech. Fat chance. ZERO lamestream media outlets reported on this, and when political strategist Steve Cortes posted it on Twitter, it was the usual Twitter Stasi antics, suspending his account. NoQReport.com tells us "In his tweet, he was He was quoting directly from the NCBI publication of the study. The government website he linked to features a peer-reviewed study by Stanford University's Baruch Vainshelboim. In it, he cited 67 scholars, doctors, scientists, and other studies to support his conclusions. The sentence Cortes quoted from the study's conclusion reads: "The data suggest that both medical and non-medical facemasks are ineffective to block human-to-human transmission of viral and infectious disease such SARS-CoV-2 and COVID-19, supporting against the usage of facemasks."

The full study, which those with intellectual or scientific honesty can read for themselves, is also posted at NoQ, <u>at this link</u>. Of course, honesty of any type eludes the leftist media, so we can expect them to miss this one.

Greenmed Info also reviews the Stanford study by Baruch Vainshelboin <a href="here">here</a>, noting mask "inefficacy, lack of safety and ability to cause physiological, psychological and long-term health problems, which may culminate in immune suppression, worsened chronic disease, accelerated aging and premature death." But hey! Other than that, they are just dandy. Summarizing the article:

- Scientific evidence supporting facemasks' efficacy is lacking" -- or that wearing something is better than nothing because, as noted by Vainshelboim, "adverse physiological, psychological and health effects are established."
- Face masks can cause a low level of oxygen in the blood (hypoxemia) along with excessive carbon dioxide in your bloodstream (hypercapnia), and may "increase the risk

for respiratory complications, self-contamination and exacerbation of existing chronic conditions.

The GreenMed article notes "Mild to moderate hypoxemia and hypercapnia that may occur from wearing a face mask interfere with your body's requirement for adequate oxygen and removal of carbon dioxide, leading to a series of physiologic effects":

Higher contribution of anaerobic energy metabolism	Decrease in pH levels
Increase in cells and blood acidity	Toxicity
Oxidative stress	Chronic inflammation
Immunosuppression	Health deterioration

Virus size is also an issue according to Vainshelboim: "The thread diameter of medical and non-medical face masks ranges from 55 micrometers ( $\mu$ m) to 440  $\mu$ m, while SARS-CoV-2 has a diameter of 60 nanometers (nm) to 140 nm, which is more than 1,000 times smaller. This means the virus can pass through most face masks, which already have a low efficiency filtration rate of 0.7% to 26% for non-surgical, cotton masks." One study showed "no significant difference in coronavirus droplet transmission of particles >5  $\mu$ m among symptomatic individuals wearing or not wearing a facemask, and "Among asymptomatic individuals, there was no droplets or aerosols coronavirus detected from any participant with or without the mask, suggesting that asymptomatic individuals do not transmit or infect other people."

Vainshelboim also discusses the impact on cardiopulmonary, metabolic, vascular and neurological conditions. A 2015 study of health care workers found that those wearing cloth masks had the highest rate of influenza-like illness, with the researchers cautioning against the use of cloth masks because moisture retention, reuse of the masks and poor filtration could increase infection risk

Physiological Effects	Psychological Effects	Health Consequences	
Hypoxemia	Activation of "fight or flight" stress response	Increased predisposition for viral and infection illnesses	
Hypercapnia	Chronic stress condition	Headaches	
Shortness of breath	Fear	Anxiety	
Increased lactate concentration	Mood disturbances	Depression	
Decline in pH levels	Insomnia	Hypertension	
Acidosis	Fatigue	Cardiovascular disease	
Toxicity	Compromised cognitive performance	Cancer	
Inflammation		Diabetes	
Self-contamination		Alzheimer's disease	
Increase in stress hormone levels (adrenaline, noradrenaline and cortisol)		Exacerbation of existing conditions and diseases	
Increased muscle tension		Accelerated aging process	
Immunosuppression		Health deterioration	
		Premature mortality	

GreenmedInfo.com has a staggering 36 studies on the lack of safety and efficacy of masks at <a href="https://www.greenmedinfo.com/anti-therapeutic-action/face-masks-lack-safety-and-ineffectiveness-research">https://www.greenmedinfo.com/anti-therapeutic-action/face-masks-lack-safety-and-ineffectiveness-research</a>, and also published a <a href="meta-analysis of 65 studies reviewing mask-induced exhaustion syndrome">meta-analysis of 65 studies reviewing mask-induced exhaustion syndrome</a> (examining the side effects of mask wearing).

But the disgusting thing is, as American Inst. of Economic Research (AIER) asks, "Given that masking of healthy populations for long periods of time is a new policy, it is astounding that the media and scientific journals decided within a matter of months that the efficacy of the practice could not be questioned or studied, nor its adverse effects discussed." Where is the Fourth Estate??? Or are they simply now everything the Marxist Frankfurt School wanted them to be in their "long march through the institutions."

Questioning the mask nonsense, again from NoQReport: "According to the current knowledge, the virus SARS-CoV-2 has a diameter of 60 nm to 140 nm [nanometers (billionth of a meter) while medical and non-medical facemasks' thread diameter ranges from 55  $\mu$ m to 440  $\mu$ m [micrometers (one millionth of a meter), which is more than 1000 times larger [25]. Due to the

difference in sizes between SARS-CoV-2 diameter and facemasks thread diameter (**the virus is 1000 times smaller**), SARS-CoV-2 can easily pass through any face mask

When Covid first broke out, I personally recall the Surgeon General telling us masks were not needed, and WHO, analyzing 10 randomized controlled trials concluded, "there was no evidence that facemasks are effective in reducing transmission of laboratory-confirmed influenza." In fact, before masks became part of the control grid, June 5, 2020, WHO published in their WHO Interim Guidance June 5, 2020 an announcement stating: "At present, there is no direct evidence (from studies on COVID-19 and in healthy people in the community) on the effectiveness of universal masking of healthy people in the community to prevent infection with respiratory viruses, including COVID-19." In fact, a JAMA Network Open study found, December 2020, that asymptomatic transmission is not a primary driver of infection within households. A study in Nature Communications also found "there was no evidence of transmission from asymptomatic positive persons to traced close contacts."

Meanwhile, GreenMed info warned us in March that face masks could trigger lung disease, noting that the microbes from petri dish that your mask becomes not only seriously impact periodontal health, but that "When bacteria from your mouth enter your lungs, it's linked to advanced-stage lung cancer and tumor progression, a finding that raises serious questions about the long-term use of face masks, which could potentially accelerate this process." GreenMed also quotes retired pathologist James Morris of University Hospitals of Morecambe Bay (U.K.), who has conducted thousands of post-mortem exams of people who have died following respiratory tract infections: "In most cases there is a secondary contribution to inflammation from nasopharyngeal and oropharyngeal bacterial pathogens. If the public are advised to wear face masks, we must be certain that this will not adversely affect the bacterial flora of the upper respiratory tract. I am not aware of research in adults relevant to this question but there is quite extensive evidence from another field of study in which viral infection interacts with bacterial pathogens to cause sudden death." Morris here is referring to sudden infant death syndrome (SIDS), which found that one factor involved was infants sleeping in the prone position and re-breathing bacteria growing in the mattress. "Moist mucus secretions from the upper airways soaked within the material of the mattress are an effective culture medium for bacterial pathogens," he said, which is "directly relevant to the question of homemade cloth face masks." Morris didn't mention a cancer link, but he did make it clear that breathing in bacteria growing on your face mask could have serious health consequences.

If the mask "logic" is right, shouldn't we all go to the "solution: below, which the high school principal boasts about at Wenatchee World



As students have returned to high school, they have had to adapt to changes to continue their activities. Wenatchee High School sophomore Alison Chamberlain and the rest of the band practice in small COVID-19 enclosures around the school's auditorium on Tuesday. Half of the band practices at a time.

World photo/Don Seabrook

Even famed leftist TV gadfly Bill Maher thinks masks are a joke:

https://youtu.be/Qp3gy CLXho?t=34 Not that this would stop the insane Gov. Brown of Oregon, who wants to make masks permanent, as discussed by AP <a href="here">here</a>, the Federalist <a href=here</a>, OR. KATU news <a href=here</a> or the one news source I trust, Epoch Times, <a href=here</a> (and as one reader commented re. Oregon, "So they want to defund the police and they refuse to prosecute the rioters and thugs taking over the place, but they want to bully people who do not wear face diapers? If the people are stupid enough to keep voting for these liberal idiots, they deserve what they get...." 'Nuff said.

As noted above, famed psychologist Dr. Stephen Porges, humans get signs of security, safety, alarm and otherwise from minute, subconscious lines we make subconsciously around our faces, with kids particularly vulnerable. George Gilder summarizes the issue as "Masks on children may well impair the development of the crucial part of the brain that recognizes faces and facial expressions and renders us social beings rather than sociopaths." Hence, the massive uptick in suicides, depression, among youths, as well as adults, may be predicated on this. Some estimates state that 1 out of 5 kids is now being treated for some form of depression, anxiety, etc., and Brad Polumbo, in an article in the Foundation for Economic Education says "the damage we're inflicting on children is too devastating to be waved away in the name of public health – it's quickly becoming an emergency in its own right," and then goes on to detail the massive amount of mental damage being done to kids, quoting – as just one example of many - Dr. Richard Delorme at one of France's largest children's hospital, stating "We sometimes have children of 9 who already want to die." And it gets worse after that. When I was young, one of the most widely circulated memes of the day, during the Vietnam war, was by reporter Peter Arnett,

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where purportedly some soldier told him "We had to destroy the village to save it." This was later outed as a fake, but the point was that it should have been <u>self-evident</u> that you don't destroy something to "save it." Maybe somebody ought to tell Mr. Fauci and the mask Nazis that <u>destroying children's very lives to save them is just "kinda" absurd (or, for that matter, the BLM/Antifa folks destroying Portland and Seattle to save it for communism, apparently... Yes, the same communism that, per the Black Book of Communism, Harvard Univ Press, *murdered over 100 MILLION last century*). Apparently, understanding irony is not the strong suit of either bureaucrat Fauci or the fasco-Marxist left.</u>

So... we have a virus where only perhaps half of 1% who get the virus die (most elderly and with co-morbidities created by unhealthy lifestyles), and the problem-reaction-fake solution dialectic is thus:

Close businesses? 35,000,000+ instantly unemployed.

Remove entertainment and prohibit recreation, closing parks, gyms, bars, restaurants, sports. People removed from nature and exercise.

No dating. No touching. Isolate people. Dehumanize them.

Close churches - prohibit worship. Create a vacuum and let depression, anxiety, hopelessness, and desperation set in. Then... ignite hatred and civil unrest, creating civil war.

Empty the prisons because of the virus and fill the streets with criminals. Send in Antifa and BLM to vandalize property, as if they are freedom fighters. Undermine the law.

Riot, loot and attack all law enforcement, but tell government to order a stand-down. Then... defund law enforcement and abolish police.

Truth is, we are all being played by those who want to destroy America! This is how you destroy a Nation from within, and in very short order. The Frankfurt School and George Soros would be proud!



All for something that, as noted above, causes two the three times LESS deaths than regular, seasonal flu. In fact, Lance Johnson reported at DistributedNews.com that "Based on an R naught factor (the reproductive number, the number of others one could be expected to transmit a disease to) of 2.5, children between the ages of 1 and 19, if infected, are only at a .00003 risk of dying....For young and middle-aged adults, ages 20 – 49, the risk of dying is still slight, approximately .0002".... the risk then rises slightly ages from age 50 to 69 to .005. The only concerning mortality statistic is for people ages 70 and up, which is 5%. Should we be concerned for grandma and grandpa? Clearly! Of course, the figures would be better if Gov. Cuomo hadn't forced old folks into "Covid dens" to let them – Ezekiel "Go and Die at 75" Emanuel- inspired-style - die. But, as amazing as it might be to clueless politicians who (Rahm Emanuel-style) want to "never let a crisis go to waste," there was and is a way to keep our economy alive, kids from committing suicide, and half our small businesses from imploding and keep the at risk elderly with co-morbidities safe. If you want a particularly revealing article on the scam behind masks, see March 17 article at GreenMed here. This has a comprehensive guide to everything that is wrong with the lockdown, masks and all, but long story short, a review of data from 87 regions worldwide found that in about 98% of the comparisons, there was no evidence that lockdowns reduced the number of COVID-19 deaths and as Stanford professor Dr. Jay Bhattacharya, cited above, noted, this is the "biggest public health mistake we've ever made," The article also notes "Increasingly, research is confirming that lockdowns, in fact, were worthless in terms of reducing deaths from COVID-19 while at the same time are guilty of causing "catastrophic" harm to the <u>public</u>": Per Bhattacharya: "I stand behind my comment that the lockdowns are the single worst public health mistake in the last 100 years. We will be counting the catastrophic health and psychological harms, imposed on nearly every poor person on the face of the earth, for a generation. At the same time, they have not served to control the epidemic in the places where they have been most vigorously imposed. In the U.S., they have — at best — protected the "nonessential" class from COVID, while exposing the essential working class to the disease. The lockdowns are trickle-down epidemiology." A full expose, really a must-read given the trillions of dollars and millions of lives ruined, of the lockdowns is found here. There is a festering tissue of lies, misrepresentations and "never let a crisis go to waste" machinations behind these lockdowns.

Here is what one university found on school children's face masks after a day of wearing them:

Facts Matter (June 21): University Lab Finds 11 Dangerous Pathogens on Children's Face

Masks or see University of Florida Lab Finds Dangerous Pathogens on Children's Face

Masks Yep, diptheria, meningitis and pneumonia, including one bacteria that could cause a fatal disease in cattle and deer (!!), not to mention parasites and fungi were found. Thankfully, no plutonium was found... at least yet. This is, of course, between having them read Heather's Two Mommies and Daddy's New Room-mate (real books), and having grade 3 kids put c\*ndoms on cucumbers.

Here's my question: <u>Can't we just return to Charles Dickens' day and outright cane the kids?</u>

Y'know... just get it over with more quickly!